

825 College Ave. Santa Rosa, CA 95404 (707) 524-8864 Lic. # LCS12890 lisawolper.com

## **Intake Information and History**

Place an \* by any questions you're not comfortable addressing in writing and we'll discuss them in your initial session.

Date: \_\_\_\_\_\_ Name: \_\_\_\_\_\_

Address:			
Home Phone:	Cell Phone:	Work Phone:	
Age:	Date of Birth:		
Emergency Contact Name:		Relationship:	
Phone:	Address:		
Occupation:	Employer: _		
Ethnicity/heritage:	ity/heritage: Religious/spiritual affiliation:		
With whom do you live?			
Relationship/Marital Status	s:	Name of partner:	
Do you have children? If ye	es, please list names and ages	:	
What is your primary rea	ason/concern for seeking co	ounseling?	
What are the higgest cha	allenges vou are facing in v	vour life?	
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#### Treatment and Medical History

Are you currently receiving, or have you previously received, services from a counselor/mental health professional (i.e., psychiatrist, therapist)? YES or NO

If yes, please list provider name and dates of treatment:

Provider Dates of Treatment \_\_\_\_\_ Provider. Dates of Treatment \_\_\_\_\_ Have you ever been hospitalized for psychiatric or drug/alcohol treatment? YES or NO If yes, please describe the circumstances, including length of hospitalization and dates:\_\_\_\_\_ Have you ever attempted suicide? YES or NO If yes, how many times and when?\_\_\_\_\_ Are you having suicidal thoughts now? YES or NO If yes, please describe: Please list any medications you are currently taking: Please list any herbal supplements or other non-prescribed meds you are currently taking:\_\_\_\_\_ What is your current use of alcohol and/or drugs? \_\_\_\_\_\_ Are you currently receiving treatment for a medical condition? If yes, please describe:\_\_\_\_\_\_ Please describe your state of health and any physical problems you may have at this time:\_\_\_\_\_

# Psychosocial History

Are you aware of any history of mental illness, alcoholism, or drug abuse in your family? YES or NO			
If yes, please describe:			
Any history of physical, emotional, or sexual abuse? YES or NO			
If yes, please describe:			
Please add anything else you would like me to know about you at this time:			



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### **Client Information and Agreement**

These are my business policies. If you have any questions or concerns about them, please feel free to discuss them with me today.

**CONFIDENTIALITY**: All conversations in therapy are held in confidence. No information about you is released without your written consent. However, there are exceptions clearly mandated under state law. I am required by law to break confidentiality in cases involving abuse or neglect or a child under the age of 18; elder abuse; or threats of serious bodily harm to oneself or others.

**SESSION LENGTH:** Sessions are scheduled for 50 minutes. If you need to arrive late, the session will still need to end at the scheduled time. If I am running late, you will receive your full 50 minute session.

**TELEPHONE CALLS:** There is no charge for occasional, brief phone calls of 5 or 10 minutes in length. If you need to talk longer, we will schedule an additional session.

**PAYMENT:** Fees are due at the beginning of each session unless other arrangements have been made. To maximize session time, please have check written before coming to the appointment.

**CANCELLATION:** When we schedule an appointment, I reserve the time specifically for our session. If you need to cancel an appointment, I require that you call at least 24 hours in advance of your appointment time or you will be charged for the missed session.

**EMERGENCIES**: Please call my office as soon as possible in the case of an emergency. I check for messages frequently during the day, and will return your call as soon as I am able. Unfortunately, I cannot always reach you or be available for emergencies. If you have an

emergency and cannot reach me, please call the 707-576-8181.	e Sonoma County Mental Health Crisis Line at			
I have received a copy of these policies and agree to abide by them.				
Client Signature/ Date	Therapist Signature/ Date			



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## **Authorization to Release Confidential Information**

I, (name of patient)		hereby
authorize Lisa Wolper, Lo	CSW, to release confidential inform	nation obtained during the course
of my treatment to		
This Authorization permits	s the release of the following infor	mation:
Any and All Information	on Necessary	
Diagnosis	Treatment Plan	Prognosis
Progress to Date	Clinical Test Results	Dates of Treatment
Patient Records	Summary of Treatment	
Other		
I authorize the release of	the information described above for	or the following
purposes(s):		
I understand that I have a	right to receive a copy of the auth	norization. I also understand that
any cancellation or modif	ication of this authorization must b	e in writing.
This Authorization shall re	emain valid until:	(expiration date)
Bv:	Dat	te